



**The Iyengar Yoga Association of Hong Kong  
Annual General Meeting 2022**

**MINUTES**

**DATE**            **Sunday, 27 February 2022**  
**TIME**            **17:35 – 18:35**  
**HOST**            **Meeting was held via Zoom**

**Present**

Executive Committee

Ms Karen Lam (Chair)\*  
Mr Arnold Ip (Vice Chair)  
Mr Doris Choi (Treasurer)  
Ms Rhonda Yung (Secretary)\*  
Mr FOO Choy Peng (Hong Kong Island Representative)  
Ms Cary Au-Yeung (Hong Kong Island Representative)  
Ms Kitty Wong (Kowloon / New Territories Representative)  
Ms Winnie Yu (Kowloon / New Territories Representative)

Standing Committee Chair / Coordinator

Ms Icy Lee (Chair - Ethics and Certification Committee)  
Mr George Dovas (Chair - Assessment and Teacher Training)  
Mr Chun Pang YU (Membership Coordinator)\*  
Ms Ada Leung (Chair - Events Committee)

**In attendance**

\_\_\_\_\_ The attendance record is attached at **Annex A.**

**Absent with Apologies**

Ms Dorothy Cheung (Public Relations / Press and Communication Coordinator)

*\*To be re-elected according to the tenure defined by the Constitution*

**Invocation to Patanjali**

The Chair led the Invocation to Patanjali.

### **Approve the Minutes of Last Meeting**

1. The Chair asked for amendments on the minutes of the last AGM (12 March 2021), which were uploaded to the Association's website for members' review before the meeting. The minutes were approved without amendment.

### **Committee Reports**

2. The Chair welcomed all participants to attend the meeting, and reported that the Executive Committee and Standing Committee members met once a month last year to discuss the Association's affairs.

3. The Chair invited each committee chair and coordinator to present respective committee reports.

### **Financial Report**

4. The Treasurer presented a summary of key financial data as of 30 June 2021 (**Annex B**), and reported that the financial situation of the Association has been healthy, with a cumulated surplus of HKD511,063.

5. She highlighted that the major sources of income last financial year came from membership subscription and events. Membership subscription income was 30% less than the previous year's because of the concessionary discount offered during COVID-19.

6. The Chair highlighted that major donations were made to Bellur Iyengar Yoga Centre after hosting the Association's events and coordinating Bellur's events from Hong Kong.

7. She also added that unsold Sutra T-shirts originally made for Fr Joseph Pereira's Hong Kong Convention were donated and received by KRIPA Foundation in Mumbai.

8. The Treasurer proposed to reappoint Nicholas Fung & Company as the accounting firm for the Association in the new-year term from 2021 to 2022, and the proposal was passed.

### **Ethics and Certification Committee**

9. The Chair of the Committee reported that RIMYI advised local associations to trademark “Iyengar Yoga” locally. The legal advice that the Hong Kong Association obtained was that neither “Iyengar Yoga” nor “艾揚格瑜伽” can be officially trademarked in Hong Kong. As such, the Association was advised to select a commonly used font in English and Chinese, and graphically transform “Iyengar Yoga” and “艾揚格瑜伽” in those specific fonts into two logos respectively for further trademark registrations this year.

10. She also reported that the ETHICAL GUIDELINES FOR IYENGAR YOGA TEACHERS OF HONG KONG was acknowledged by teacher members upon their 2022 membership renewal online. She encouraged teachers to regularly study and review the guidelines, and consult mentors when in doubt.

### **Membership Committee**

11. The Membership Coordinator reported that there is a total of 88 members thus far, of which 38 are Associate Members (trainees), 19 are Student Members and 31 are Teacher Members.

12. The Association will continue to use Wild Apricot for event hosting, emails and membership management. The subscription was renewed in February 2022.

13. In view of the ongoing pandemic situation, the Association decided to waive the membership fee for those who had not renewed their 2022 membership. For those who have already renewed 2022 membership, their membership will be extended to January 2024.

### **Assessment Committee**

14. The Chair of the Committee reported that mock assessments were held because of the introduction of the new Certification and Assessment Guidelines in July 2020.

15. Due to the ongoing COVID-19 situation, 3 mock assessments were held online on 14 June, 14 October and 2 & 3 December 2021 respectively. The suggested daily agenda on the manual was modified locally. He also shared photos of the assessment set-up, camera setting and assessment process (**Annex C**).

16. For 2022 “Level I” Assessments, he reported that the planned Session 1 (2 to 3 February) and Session 2 (14 to 15 February) were both cancelled due to the

government's tightening pandemic measures. The originally planned Session 3 (2 to 3 June) will possibly become the first assessment instead. The second and the third will be decided later.

17. He also updated on some communications from Abhijata Iyengar in October 2021:

a) *"With the introduction of online RIMYI classes, the access to the mother institute has become easier and hence, we will no longer include the assessor's class as part of the assessment weekend."* He clarified that Abhijata was referring to the original Day 2 "Assessor Class" of the "Level 2" assessment, not the Assessor Session on Day 1 of the "Level 1" assessment.

b) Regional assessors reviewed the regional teachers' depth of experience. They concluded that in Asia, for the time being, it would be better for teachers who hold Level-1 Certification not to start mentoring, which would have been allowed in the latest Guideline. Abhijata agreed in her reply on 29 October 2021 to the Southeast Asia Assessment Committee to *"remove the task of mentor from the level 1 and shift it to level 2 till such time as the situation changes."*

18. He noted that he felt for the candidates for the further delay of the long-awaited assessment. He encouraged teacher trainees who had started teaching to continue to practise, which is how it makes one a good teacher.

### **Events Committee**

19. The Chair of the Committee reported that the Association organised the following classes in the past year:

a) April - Free online community classes hosted by local teachers; and

b) August - 4-day yoga workshop hosted Raya Uma Datta over two weekends attended by over 150 participants from all over the world and local.

20. She encouraged members to follow the Association's social media platforms and check our email communications to receive more information about online classes.

21. She appreciated the help offered by Dorothy Cheung and Aleydis Chan on all the communication works.

### **Appointment of New Members for the Executive Council and Standing Committees**

22. The Chair informed that the following members would reach the end of their 3-year tenure in 2022 according to the Constitution of the Association approved by Pune :

- a) Chair – Ms Karen Lam,
- b) Secretary – Ms Rhonda Yung,
- c) Membership Coordinator – Mr CP Yu.

23. She thanked the committee members for covering each other’s tasks when necessary, and look forward to the continuation of such good practice and dedication.

24. Mr Arnold Ip was appointed Chair, replacing Ms Karen Lam.

25. Ms Kitty Wong was appointed Secretary, replacing Ms Rhonda Yung.

26. Mr Soo Siu Chung was appointed Membership Coordinator, replacing Mr CP Yu.

27. As Ms Victoria Fouladi was appointed Vice Chair, replacing Mr Arnold Ip.

28. Mr CP Yu was appointed one of the Kowloon/NT Representatives, replacing Ms Kitty Wong.

29. The Chair thanked the committee members and welcomed the new members. She showed her gratitude for the opportunity to serve the community.

30. To facilitate ongoing circulation of immediate communications from RIMYI, the “IYAHK Thinking Cap” WhatsApp group will remain open for all the existing and past officers.

### **Any Other Business**

31. *Yoga Rahasya* – The Chair reported that the last issue of the magazine received was January 2020. The latest update was that the production is now on hold as the key production person of the magazine had passed away and the team is looking for his replacement.

32. The Chair thanked for the opportunity to serve. She hoped that the association

will continue to flourish and past officers can continue to serve.

33. The handover-cum-regular-Executive-Committee meeting will be held at 1:45pm on 7 March 2022 for both exiting and new officers.

**Next Meeting**

32. The details of next AGM will be announced in due course.

The meeting was adjourned at 6:35pm.

**Distribution**

All members

Signed  
Rhonda Yung  
Secretary

**Annex A**

## Attendance Record

1	Aishah Jantan
2	Aleydis Chan
3	Anna Oedman
4	Athena Ho
5	Daphne Wong
6	Deborah Cheng
7	Devarmane Vijayarao Sapna
8	Devika Virmani
9	Elaine Cheung
10	Eva Chui
11	Fanny Tse
12	Irene Leung
13	Judy Zhou
14	Kalvin Chu
15	Kan Tsoi
16	Kate Lock
17	Keely Yau
18	Ray Lui
19	SOO Siu Chung
20	Tiffany Hambley
21	Vanessa Liu
22	Victoria Fouladi

## Summary of Key Financial Data (as of 30 June 2021)

### IYENGAR YOGA ASSOCIATION OF HONG KONG LIMITED

#### Summary of key financial data for 2022 AGM (2022 年周年大會 - 財務概要)

		Draft Audited Accounts 草擬審核財務報告 Year ended 30/06/2021 HK\$	Audited Accounts 已審核財務報告 Year ended 30/06/2020 HK\$
Members Subscriptions	會員會費	57,480	88,380
Events Income	活動收入	192,460	0
		<u>259,490</u>	<u>88,380</u>
Surplus of the year	周年盈餘	<u>27,622</u> *	<u>20,126</u>
Taxation	徵收稅款	<u>5,749</u> *	<u>0</u>
Surplus Carried Forward	累積盈餘	<u>511,063</u> *	<u>483,441</u>
<b>Major Expenses 主要行政費用 :</b>			
Audit Fee	審核費用	7,500	7,500
Certification Mark Fee	證書認證	12,053	13,589
Community Classes	社區課堂	0	0
Computer (Wild Apricot)	電腦軟件	7,717	6,395
Donation to Pune	總會捐款	36,329	7,312
Legal Fees - Trademark	其他費用	0	0
PayPal Expenses	網上繳款	12,038	4,966
Subscription - Yoga Rahasya	刊物費用	0	2,951
Teachers Assessment	考試評核	0	13,703
	<b>Total:</b>	<u>75,637</u>	<u>56,416</u>



## Assessment

### Daily Timing Day 1

#### Day 1

8:00am centre opens  
9:00am - 9:20am: Introduction, Invocation & Questions  
9:20am - 10:20am: 60 minute Practice  
10:20am - 10:30am: Break  
10:30am - 11:00am: Inversions  
11:00am - 12:00pm: Interaction Time  
12:00pm - 12:45pm: Demonstration

1:00pm - 3:00pm: Lunch

TEACHING PRESENTATIONS: 45 minutes  
PREPARATION TIME: 40 minutes

3:00pm - 3:45pm: Teaching Presentation #1	(2:20pm gets poses)
3:50pm - 4:35pm: Teaching Presentation #2	(3:10pm gets poses)
4:40pm - 5:25pm: Teaching Presentation #3	(4:00pm gets poses)

## Assessment

### Daily Timing Day 2

#### Day 2

9:00am - 9:45am: Teaching Presentation #4	(8:20am pm gets poses)
9:50am - 10:35am: Teaching Presentation #5	(9:10am pm gets poses)
10:40am - 11:25am: Teaching Presentation #6	(10:00am gets poses)
11:25am - 12:00pm Break	
12:00pm - 12:45pm: Teaching Presentation #7	(11:20am pm gets poses)
12:50pm - 1:35pm: Teaching Presentation #8	(12:10pm pm gets poses)
1:35pm - 3:30pm: Lunch Break and Assessor Discussion	
3:30pm: Feedback	



